

June 2021

## Project Restart

Subject to the Government Roadmap we are hopeful that we will restart our activities at the Congregational Hall on Tuesday July 6<sup>th</sup> with Singing For Memories and Tuesday July 20<sup>th</sup> for a Dementia Café. Start time 14:00. Confirmation of our arrangements will be published shortly after the Government announcement mid June.



## Navigating the current social care system – by Alzheimer’s Society

Seeking support from the social care system can be daunting, particularly for people affected by dementia who face many other daily challenges.

In this article, Alzheimer’s Society explains the differences between health care and social care, provides information on funding assessments, and further support to help with this complex process. [www.alzheimers.org.uk/blog/how-to-navigate-social-care-system-dementia](http://www.alzheimers.org.uk/blog/how-to-navigate-social-care-system-dementia)

## Curve Theatre

As previously advised, Curve Theatre Xmas show for 2021 is “A Chorus Line”. We have secured a block booking for the Dementia Friendly performance on Thursday 16<sup>th</sup> December at 14:15. Our full ticket and coach arrangements will be announced later in the year.

Also for your information Curve are holding a Socially Distanced Dementia Friendly Performance of The Music Of Andrew Lloyd Webber on Wednesday 16<sup>th</sup>

June 2021 at 13:30. If you are interested please contact Curve direct as we are not running a trip to this event. [www.curveonline.co.uk](http://www.curveonline.co.uk) or Tel: 0116 242 3595.

### **Leicester Musical Memory Box**

Most of you will be aware that Kyle Newman, our Singing For Memories leader, also runs her Facebook page for [Leicester Musical Memory Box](https://www.facebook.com/LeicesterMusicalMemoryBox) which has music, singing and exercises, including live streams. Do have a look at this and 'Follow' the page to keep up to date.

For those not on Facebook check out [www.leicestermusicalmemorybox.co.uk](http://www.leicestermusicalmemorybox.co.uk) for more details.

Kyle has also informed us that once all restrictions are lifted she intends to run a new monthly group for Leicester Musical Memory Box in Harborough giving people access to at least twice monthly music/wellbeing sessions.

### **Westbrooke House: a virtually perfect Victorian gem - National Garden Scheme**

The National Garden Scheme gives visitors unique access to over 3,600 exceptional private gardens in England and Wales, and raises impressive amounts of money for nursing and health charities through admissions, teas and cake.

This garden in Little Bowden is reopening on 20<sup>th</sup> June 10:00 a.m. - 5:00 p.m. and is fully accessible. It's a lovely morning or afternoon out. Booking is essential, for more details see below.

<https://ngs.org.uk/westbrooke-house-a-virtually-perfect-victorian-gem/>

If you have news items to contribute? Contact Andy Hartshorn via email at [newsletter@dementiaharborough.org](mailto:newsletter@dementiaharborough.org)

Dementia Harborough

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[www.dementiaharborough.org](http://www.dementiaharborough.org)

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