

November 2022

October café

We were very pleased to welcome back Catherine Matthews, an old friend of Dementia Harborough, to our October Cafe. With Catherine's help and guidance everyone created very individual mandala dot calendars for 2023. I'm afraid there are no photos to show you how good they all were but take my word for it.... they were brilliant.

Our next meetings are: -

At Jubilee Hall, Market Harborough

Singing For Memories – Tuesday 1st November at 2pm

Dementia Café – Tuesday 15th November at 2pm

At The Well, Kibworth Beauchamp

Dementia Café – Monday 14th November at 2pm

Dementia Café Activities Programme

15th November

At our next cafe, we are delighted to say, that we are to be joined by members of the Market Harborough Floral Club, who will be demonstrating a stunning candle table decoration, with flowers and foliage, to make and take home at the end of the afternoon.

It promises to be a lovely afternoon, so we hope you can come along.

One thing we would ask, if possible, is that you bring your own pair of scissors with you. We will have some, but not enough for everyone to use at the same time.

20th December

Our annual Christmas party

17th January 2023

Laughter Yoga

Market Harborough Twenty 12 Lions Club Busk

Following the bucket collection at the recent MH Twenty 12 Lions Club fundraising busk on behalf of Dementia Harborough, Andy was invited to receive a cheque for £890. We would like to thank the Lions for their continued support.



NFU Mutual fundraising for Dementia Harborough and Gems Charity

Our good friends at NFU Mutual recently held a fundraising coffee morning for Dementia Harborough, and also for Gems Charity which aims to make patients and visitors more comfortable at the Chemotherapy suite in the Osborne Building at the Leicester Royal Infirmary.

As Peter and Andy can confirm the cakes went down well! and raised £226 for each Charity. We would like to thank NFU Mutual for their continuing support.



Choral Concert

If you enjoy choral music, [Market Harborough Choral Society](#) is performing Puccini's Gloria along with works by Haydn, Frank and Goodall, at a concert on Saturday 19th November at 7.30pm at Market Harborough Methodist Church.

It's a friendly evening out in the town, with professional soloists performing alongside the choir to make it really special. Tickets are £12 and can be ordered for collection on the door through our trustee, Jan Meredith, at our Singing for Memories session on 1st November (payment at the time of ordering please), or you can ring Jan on 07970 829602 for more details.

Will you be on your own on Christmas Day?

We are delighted to hear that the Harborough Twenty 12 Lions Club will be sponsoring the very popular 'Christmas Together' lunch at the Congregational Church Hall in Market Harborough for those who would otherwise be on their own on Christmas Day.

If anyone is in this position and would like to go along please contact Gabrielle at gabbyb@tiscali.co.uk or on 07973 122100.

There will be a 3-course meal and entertainment, and the cost is £10 per person.

Have your say about dementia care in your area

If you were at our October Dementia Café you would have met Jackie Owen, Project Officer from Healthwatch Leicestershire.

Healthwatch Leicestershire is undertaking a study of dementia care across Leicestershire and wants to hear about your experiences of accessing services so that these can be represented when planning services for the future. They ask that you take a few minutes to complete their survey so that they can make sure your voice is heard by those who plan and commission services for the future.

The survey can be completed by a person with dementia and a person caring for someone with dementia - just follow the link below, it will only take 2 to 3 minutes. Printed copies are available for people not on the internet.

<https://engagingcommunities.welcomesyourfeedback.net/vya3f8>

Have you or somebody you know been diagnosed with dementia under the age of 65?

Come and talk to us!

Wednesday 23 November, 6pm – 8.30pm

The Community Hub, Leicester City Football Club,
King Power Stadium, Filbert Way, Leicester, LE2 7FL

Chat to professionals and browse a range of
information stalls, hear from people living with
younger onset dementia, take part in an activity
to let us know what kind of support is needed for
living with dementia and much more...

Refreshments are available.

For further information

email Sharon.Aiken@leics.gov.uk or **telephone** 0116 305 6239

email Joanna.Matthews@ageukleics.org.uk or **telephone** 0116 223 7363

email Diana.Dorozkinaite@leicester.gov.uk or **telephone** 0116 454 4773

If you have news items to contribute? Contact Andy Hartshorn via email
newsletter@dementiaharborough.org

Dementia Harborough

Registered Charity No. 1167885

www.dementiaharborough.org

We are sending you this Newsletter because you have said that you would like to receive it. If you change your mind, please let us know by emailing
admin@dementiaharborough.org